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## FREEDOM FROM ANXIETY

#### (Biblical Action and Prayer Plan) – based on Philippians 4:6-9

|  |  |  |
| --- | --- | --- |
| **My Concerns****(All the things about which I am tempted to worry)** | **The Lord's List****(Those things about which I can do nothing)** | **My List****(My responsibilities to fulfill in faithful obedience to the Lord)** |
|  |  |  |